



**SPORTS AND ANTHROMATHEMATICS**  
**A SEMINAR GIVEN ON THE OCCASION OF**  
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**OF GOVERNMENT COLLEGE, HYDERABAD**  
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**Additional File**  
**Basic and Innovative Concepts in Anthromathematics and Sport Mathematics**

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# Quantitative Estimates of Wasting

One word obese/wasted was used abandoning overweight, underweight, fat and lean

First mention: <http://www.ngds-ku.org/Papers/J29.pdf>

**Growth-and-Obesity Profiles of Children of Karachi using Box-Interpolation Method**  
Kamal SA, Jamil N, Khan SA, *International Journal of Biology and Biotechnology*, **8 (1)**: 87-96, 2011

NGDS-BLA-2010-4721/F

**Table 1. Growth-and-Obesity Profiles of G. Z.**

Gender: Female • Date of Birth: 2005-10-24

Checkup	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-04-21	2012-04-11	2013-05-16
Age (years)	5.49	6.46	7.56
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	2.50	7.00	13.50
Height (cm)	113.60	118.68	125.34
Height (ft-in)	3 ft 8.72 in	3 ft 10.72 in	3 ft 1.35 in
Percentile-for-Height	72.63	58.76	53.04
Estimated-Adult Height (cm)	167.12	164.90	163.99
Estimated-Adult Height (ft-in)	5 ft 5.80 in	5 ft 4.92 in	5 ft 4.56 in
Gross Mass (kg)	17.30	19.31	21.76
Clothing Correction (kg)	0	0	0
Net Mass (kg)	17.30	19.31	21.76
Net Weight (lb-oz)	38 lb 2.34 oz	42 lb 9.26 oz	47 lb 15.69 oz
Percentile-for-Net-Mass	28.94	23.58	33.23
Estimated-Adult Mass (kg)	52.72	51.87	53.24
Estimated-Adult Weight (lb-oz)	116 lb 4.06 oz	114 lb 6.02 oz	117 lb 6.22 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	13.41	13.71	13.85
Estimated-Adult BMI (kg/m <sup>2</sup> )	18.88	19.08	19.80
Optimal Mass (kg)	20.79	22.27	24.58
Optimal Weight (lb-oz)	45 lb 13.36 oz	49 lb 1.74 oz	54 lb 3.03 oz
Δ Mass-for-Height (kg)	-3.49	-2.96	-2.82
Δ Weight-for-Height (lb-oz)	-7 lb 11.01 oz	-6 lb 8.48 oz	-6 lb 3.34 oz
<b>Status (pertaining-to-mass)</b>	<b>16.77% WASTED</b>	<b>13.30% WASTED</b>	<b>11.46% WASTED</b>

COLOR CODES FOR STAUSES		<1%	Hue 085, Sat 255, Lum 064	Red 000, Green 128, Blue 000
		1-10%	Hue 042, Sat 255, Lum 128	Red 255, Green 255, Blue 000
		>10%	Hue 000, Sat 255, Lum 092	Red 184, Green 000, Blue 000
		ND	Hue 170, Sat 255, Lum 064	Red 000, Green 000, Blue 128

cm: centimeter    in: inch    g: gram    oz: ounce    MP: mid-parental    NC: non-computable  
m: meter    ft: feet    kg: kilogram    lb: pound    w. r. t.: with respect to    ND: non-determinable

$$1 \text{ kg} = 1000\text{g} = 2.205 \text{ lb} \bullet 1 \text{ lb} = 16 \text{ oz} \bullet 1 \text{ m} = 100 \text{ cm} \bullet 1 \text{ ft} = 12 \text{ in} \bullet 1 \text{ in} = 2.54 \text{ cm}$$

Dress Code is explained in the following references:

**The NGDS Pilot Project: A Software to Analyze Growth of a Child (A Telemedicine Perspective)**

<http://www.ngds-ku.org/Papers/C52.pdf>

**Manual for Obtaining Anthropometric Measurements**

[http://www.ngds-ku.org/ngds\\_folder/M02.pdf](http://www.ngds-ku.org/ngds_folder/M02.pdf)

Cumulative-Scoliosis-Risk Weightage (CSRW) is elaborated in the following documents:

**Cumulative-Scoliosis-Risk Weightage (CSRW) – Designing Preventive Strategies**

<http://www.ngds-ku.org/Presentations/CSRW.pdf>

**Formulae for Assigning Cumulative-Scoliosis-Risk Weightage (CSRW)**

[http://www.ngds-ku.org/BLA/Scoliosis\\_Risk.pdf](http://www.ngds-ku.org/BLA/Scoliosis_Risk.pdf)

## Quantitative Estimates of Obesity

One word obese/wasted was used abandoning overweight, underweight, fat and lean

First mention: <http://www.ngds-ku.org/Papers/J29.pdf>

**Growth-and-Obesity Profiles of Children of Karachi using Box-Interpolation Method**  
Kamal SA, Jamil N, Khan SA, *International Journal of Biology and Biotechnology*, **8 (1)**: 87-96, 2011

NGDS-BLA-2010-4443/H

**Table 2. Growth-and-Obesity Profiles of Z. J.**

Gender: Male • Date of Birth: 2005-06-12

Checkup	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-04-25	2012-04-19	2013-11-21
Age (years)	5.87	6.85	8.44
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	1.50	7.00	11.00
Height (cm)	117.00	123.76	133.12
Height (ft-in)	3 ft 10.06 in	4 ft 0.72 in	4 ft 4.41 in
Percentile-for-Height	66.74	72.66	66.68
Estimated-Adult Height (cm)	180.18	181.48	180.06
Estimated-Adult Height (ft-in)	5 ft 10.94 in	5 ft 11.45 in	5 ft 10.89 in
Gross Mass (kg)	24.20	26.81	35.39
Clothing Correction (kg)	0	0	0
Net Mass (kg)	24.20	26.81	35.39
Net Weight (lb-oz)	53 lb 5.78 oz	59 lb 1.86 oz	78 lb 0.56 oz
Percentile-for-Net-Mass	84.57	86.44	91.97
Estimated-Adult Mass (kg)	85.38	86.63	91.53
Estimated-Adult Weight (lb-oz)	188 lb 4.14 oz	191 lb 0.19 oz	201 lb 13.23 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	17.68	17.50	19.97
Estimated-Adult BMI (kg/m <sup>2</sup> )	26.30	26.30	28.23
Optimal Mass (kg)	21.82	24.86	29.10
Optimal Weight (lb-oz)	48 lb 1.91 oz	54 lb 12.89 oz	64 lb 2.64 oz
Δ Mass-for-Height (kg)	+2.38	+1.95	+6.29
Δ Weight-for-Height (lb-oz)	+5 lb 3.97 oz	+4 lb 4.97 oz	+13 lb 13.92 oz
<b>Status (pertaining-to-mass)</b>	<b>10.89% OBESE</b>	<b>7.87% OBESE</b>	<b>21.62% OBESE</b>

# Quantitative Estimates of Stunting

One word stunted/tall was used with a percentage representing severity

First mention: <http://www.ngds-ku.org/Papers/J29.pdf>

**Growth-and-Obesity Profiles of Children of Karachi using Box-Interpolation Method**  
 Kamal SA, Jamil N, Khan SA, *International Journal of Biology and Biotechnology*, **8 (1)**: 87-96, 2011

SGPP-KHI-20100421-03/02

**Table 3. Adult-Mid-Parental (Target) Heights**

Father's Height: 166.80 cm • Mother's Height: 171.00 cm

$BOY/GIRL=(FATHER+MOTHER \pm 13)/2$	Boy	Girl
Adult-MP (Target) Height (cm)	175.40	162.40
Adult-MP Height (ft-in)	5 ft 9.06 in	5 ft 3.94 in
Percentile of Adult-MP (Target) Height	43.89	43.89

**Table 4. Growth-and-Obesity Profile of A. E.**

Gender: Male • Date of Birth: 2005-02-19

Checkout	1 <sup>st</sup>
Date of Checkout	2011-05-22
Age (years)	6.25
Dress Code	0/0.5
Height (cm)	106.20
Height (ft-in)	3 ft 5.81 in
Percentile-for-Height	<3
Estimated-Adult Height (cm)	<163.00
Estimated-Adult Height (ft-in)	<5 ft 4.17 in
Mid-Parental-Height Percentile	43.89
Current-Age-MP Height (cm)	116.53
Δ Height-for-Age (cm)	-10.33
Δ Height-for-Age (in)	-4.07
<b>Status (pertaining-to-height)</b>	<b>8.87% STUNTED</b>
Gross Mass (kg)	16.30
Clothing Correction (kg)	0
Net Mass (kg)	16.30
Net Weight (lb-oz)	35 lb 15.06 oz
Percentile-for-Net-Mass	<3
Estimated-Adult Mass (kg)	<54.5
Estimated-Adult Weight (lb-oz)	<120 lb 2.76 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	14.45
Estimated-Adult BMI (kg/m <sup>2</sup> )	ND
Optimal Mass (kg)	<16.75
Optimal Weight (lb-oz)	<36 lb 15.01 oz
Δ Mass-for-Height (kg)	NC
Δ Weight-for-Height (lb-oz)	NC
Status (pertaining-to-mass)	ND

# Quantitative Estimates of Tallness

One word stunted/tall was used with a percentage representing severity

First mention: <http://www.ngds-ku.org/Papers/J29.pdf>

**Growth-and-Obesity Profiles of Children of Karachi using Box-Interpolation Method**  
Kamal SA, Jamil N, Khan SA, *International Journal of Biology and Biotechnology*, **8 (1)**: 87-96, 2011

## SGPP-KHI-20080910-01/02

**Table 5. Adult-Mid-Parental (Target) Heights**

Father's Height: 168.90 cm • Mother's Height: 157.80 cm

$BOY/GIRL=(FATHER+MOTHER \pm 13)/2$	Boy	Girl
Adult-MP (Target) Height (cm)	169.85	156.85
Adult-MP Height (ft-in)	5 ft 6.87 in	5 ft 1.75 in
Percentile of Adult-MP (Target) Height	17.83	17.41

**Table 6. Growth-and-Obesity Profile of R. Z. A.**

Gender: Female • Date of Birth: 2006-05-30

Checkup	1 <sup>st</sup>
Date of Checkup	2009-10-11
Age (years)	3.37
Dress Code	0/0.5
Height (cm)	102.80
Height (ft-in)	3 ft 4.47 in
Percentile-for-Height	93.24
Estimated-Adult Height (cm)	173.47
Estimated-Adult Height (ft-in)	5 ft 8.30 in
Mid-Parental-Height Percentile	17.41
Current-Age-MP Height (cm)	92.44
Δ Height-for-Age (cm)	+10.36
Δ Height-for-Age (in)	+4.08
<b>Status (pertaining-to-height)</b>	<b>11.20% TALL</b>
Gross Mass (kg)	15.50
Clothing Correction (kg)	0
Net Mass (kg)	15.50
Net Weight (lb-oz)	34 lb 2.84 oz
Percentile-for-Net-Mass	70.62
Estimated-Adult Mass (kg)	76.78
Estimated-Adult Weight (lb-oz)	169 lb 4.84 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	14.67
Estimated-Adult BMI (kg/m <sup>2</sup> )	25.52
Optimal Mass (kg)	17.71
Optimal Weight (lb-oz)	39 lb 0.96 oz
Δ Mass-for-Height (kg)	-2.21
Δ Weight-for-Height (lb-oz)	-4 lb 14.12 oz
Status (pertaining-to-mass)	12.50% WASTED

## Optimal Mass

A new criterion was introduced to maintain proper weight-for-height, the percentile of optimal mass is, numerically, matched with the percentile of height, expressed, mathematically, as,  $P(\mu_{opt}) = P(h)$

*First mention:* <http://www.ngds-ku.org/Papers/J26.pdf>

### An Investigation of the Growth Profiles of Pakistani Children

Kamal SA, Firdous S, Alam S, *International Journal of Biology and Biotechnology*, **1 (4)**: 709-717, 2004

*Formal definition:* <http://www.ngds-ku.org/Papers/J29.pdf>

### Growth-and-Obesity Profiles of Children of Karachi using Box-Interpolation Method

Kamal SA, Jamil N, Khan SA, *International Journal of Biology and Biotechnology*, **8 (1)**: 87-96, 2011

**NGDS-BLA-2010-4667/F**

**Table 7. Growth-and-Obesity Profiles of Z. G.**

Gender: Female • Date of Birth: 2005-12-02

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-04-21	2012-04-11	2013-05-16
Age (years)	5.19	6.16	7.25
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.50	6.00	9.75
Height (cm)	106.60	113.29	121.84
Height (ft-in)	3 ft 5.97 in	3 ft 8.60 in	3 ft 11.97 in
Percentile-for-Height	36.25	35.08	42.18
Estimated-Adult Height (cm)	161.02	160.81	162.09
Estimated-Adult Height (ft-in)	5 ft 3.40 in	5 ft 3.31 in	5 ft 3.82 in
Gross Mass (kg)	16.30	20.96	26.74
Clothing Correction (kg)	0	0	0
Net Mass (kg)	16.30	20.96	26.74
Net Weight (lb-oz)	35 lb 15.06 oz	46 lb 3.47 oz	58 lb 15.39 oz
Percentile-for-Net-Mass	21.13	54.69	54.69
Estimated-Adult Mass (kg)	51.22	57.27	66.98
Estimated-Adult Weight (lb-oz)	112 lb 14.98 oz	126 lb 4.39 oz	147 lb 11.05 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	14.34	16.33	18.01
Estimated-Adult BMI (kg/m <sup>2</sup> )	19.75	22.14	25.49
<b>Optimal Mass (kg)</b>	<b>17.36</b>	<b>19.50</b>	<b>22.35</b>
Optimal Weight (lb-oz)	38 lb 4.58 oz	42 lb 15.89 oz	49 lb 4.67 oz
Δ Mass-for-Height (kg)	-1.06	+1.46	+4.39
Δ Weight-for-Height (lb-oz)	-2 lb 5.51 oz	+3 lb 3.58 oz	+9 lb 10.72 oz
Status (pertaining-to-mass)	6.12% WASTED	7.50% OBESE	19.62% OBESE

## BMI (Body-Mass Index)

Estimates status of obesity, through BMI scale in adults and use of BMI tables for children

*First mention:* 1832 as the *Quetelet Index*, after **Adolphe Quetelet** (1796-1874)  
 Belgian mathematician, astronomer and statistician  
 Renamed as *Body-Mass Index* by  
**Ansel Keys** (1904-2004)  
 and Associates

### Indices of Relative Weight and Adiposity

Keys A, Fidanza F, Karvonen MJ, Kimura MJ, Kimura N, Taylor HL, *Journal of Chronic Diseases*, **25 (6&7):** 329-343, 1972

NGDS-BLA-2010-4573/F

**Table 8. Growth-and-Obesity Profiles of Z. Z.**

Gender: Female • Date of Birth: 2006-08-15

Checkup	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-04-21	2012-04-11	2013-05-16
Age (years)	4.68	5.66	6.75
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	2.50	8.50	12.00
Height (cm)	107.60	115.55	122.21
Height (ft-in)	3 ft 6.36 in	4 ft 9.49 in	4 ft 0.11 in
Percentile-for-Height	72.07	76.58	68.03
Estimated-Adult Height (cm)	167.03	168.03	166.39
Estimated-Adult Height (ft-in)	5 ft 5.76 in	5 ft 6.15 in	5 ft 5.51 in
Gross Mass (kg)	16.30	18.84	20.03
Clothing Correction (kg)	0	0.10	0
Net Mass (kg)	16.30	18.84	20.03
Net Weight (lb-oz)	35 lb 15.06 oz	41 lb 8.68 oz	44 lb 2.66 oz
Percentile-for-Net-Mass	35.97	43.58	25.36
Estimated-Adult Mass (kg)	53.69	54.48	52.29
Estimated-Adult Weight (lb-oz)	118 lb 6.05 oz	120 lb 2.03 oz	115 lb 4.90 oz
<b>BMI: Body-Mass Index (kg/m<sup>2</sup>)</b>	<b>14.08</b>	<b>14.11</b>	<b>13.11</b>
Estimated-Adult BMI (kg/m <sup>2</sup> )	19.24	19.30	18.89
Optimal Mass (kg)	18.73	21.75	23.99
Optimal Weight (lb-oz)	41 lb 4.85 oz	47 lb 15.33 oz	52 lb 14.21 oz
Δ Mass-for-Height (kg)	-2.43	-2.91	-3.96
Δ Weight-for-Height (lb-oz)	-5 lb 15.78 oz	-6 lb 6.65 oz	-8 lb 11.55 oz
Status (pertaining-to-mass)	12.98% WASTED	13.38% WASTED	16.49% WASTED

## *Estimated-Adult BMI*

Estimates status of obesity, when the child reaches adulthood — BMI ratings may be applied

*First mention:* <http://pediatrics.aappublications.org/content/108/3/712.full.pdf>

### Relationship of Childhood Obesity to Coronary

#### Heart Disease Risk Factors in Adulthood: The Bogalusa Heart Study

Freedman DS, Khan LK, Dietz WH, Srinivansan SR, Berenson GS, *Pediatrics*, **108 (3)**: 712-718, 2001

*Formal definition:* <http://www.ngds-ku.org/Papers/J30.pdf>

### A Method to Generate Growth-and-Obesity Profiles of Children of Still-Growing Parents

Kamal SA, Jamil SS, *International Journal of Biology and Biotechnology*, **9 (3)**: 233-255, 2012

#### NGDS-BLA-2010-4979/D

**Table 9. Growth-and-Obesity Profiles of U. S.**

Gender: Female • Date of Birth: 2005-03-26

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-05-04	2012-04-02	2013-05-20
Age ( <i>years</i> )	6.11	7.02	8.15
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	1.50	7.00	10.50
Height ( <i>cm</i> )	118.60	123.62	130.33
Height ( <i>ft-in</i> )	3 ft 10.69 in	4 ft 0.67 in	4 ft 3.31 in
Percentile-for-Height	73.97	64.15	62.51
Estimated-Adult Height ( <i>cm</i> )	167.34	165.76	165.5
Estimated-Adult Height ( <i>ft-in</i> )	5 ft 5.88 in	5 ft 5.26 in	5 ft 5.16 in
Gross Mass ( <i>kg</i> )	21.30	23.39	24.95
Clothing Correction ( <i>kg</i> )	0	0	0
Net Mass ( <i>kg</i> )	21.30	23.39	24.95
Net Weight ( <i>lb-oz</i> )	46 lb 15.46 oz	51 lb 9.2 oz	55 lb 0.24 oz
Percentile-for-Net-Mass	59.79	56.86	40.55
Estimated-Adult Mass ( <i>kg</i> )	59.46	58.2	54.12
Estimated-Adult Weight ( <i>lb-oz</i> )	131 lb 1.81 oz	128 lb 5.32 oz	119 lb 5.21 oz
<b>BMI: Body-Mass Index (<math>kg/m^2</math>)</b>	15.14	15.31	14.69
<b>Estimated-Adult BMI (<math>kg/m^2</math>)</b>	<b>21.24</b>	<b>21.18</b>	<b>19.76</b>
Optimal Mass ( <i>kg</i> )	22.72	24.27	27.78
Optimal Weight ( <i>lb-oz</i> )	50 lb 1.49 oz	53 lb 8.15 oz	61 lb 4.02 oz
Δ Mass-for-Height ( <i>kg</i> )	-1.42	-0.88	-2.83
Δ Weight-for-Height ( <i>lb-oz</i> )	-3 lb 2.03 oz	1 lb 14.95 oz	-6 lb 3.79 oz
Status (pertaining-to-mass)	6.24% WASTED	3.62% WASTED	10.18% WASTED



## *Physical Loss of Height*

A very serious condition, which may be indication of trunk deformities or other bone disorders

Already exists in literature

NGDS-BLA-2010-5484/A

**Table 10. Growth-and-Obesity Profiles of Z. H. Z.**

Gender: Female • Date of Birth: 2005-06-16

<i>Checkup</i>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-05-04	2012-03-20	2013-06-02
Age (years)	5.88	6.76	7.96
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.50	1.00	5.75
<b>Height (cm)</b>	<b>113.40</b>	<b>119.42</b>	<b>117.84</b>
Height (ft-in)	3 ft 8.65 in	3 ft 11.02 in	3 ft 10.39 in
Percentile-for-Height	48.99	48.80	4.55
Estimated-Adult Height (cm)	163.32	163.28	152.28
Estimated-Adult Height (ft-in)	5 ft 4.30 in	5 ft 4.29 in	4 ft 11.95 in
Gross Mass (kg)	18.30	20.14	25.12
Clothing Correction (kg)	0	0	0
Net Mass (kg)	18.30	20.14	25.12
Net Weight (lb-oz)	40 lb 5.62 oz	44 lb 6.54 oz	55 lb 6.23 oz
Percentile-for-Net-Mass	27.37	26.47	47.45
Estimated-Adult Mass (kg)	52.53	52.43	54.94
Estimated-Adult Weight (lb-oz)	115 lb 13.42 oz	115 lb 9.62 oz	121 lb 2.42 oz
<b>BMI: Body-Mass Index (kg/m<sup>2</sup>)</b>	<b>14.23</b>	<b>14.12</b>	<b>18.09</b>
Estimated-Adult BMI (kg/m <sup>2</sup> )	19.69	19.66	23.69
Optimal Mass (kg)	19.70	21.93	19.81
Optimal Weight (lb-oz)	43 lb 6.97 oz	48 lb 5.57 oz	43 lb 10.95 oz
Δ Mass-for-Height (kg)	-1.40	-1.79	+5.31
Δ Weight-for-Height (lb-oz)	-3 lb 1.35 oz	-3 lb 15.03 oz	+11 lb 11.28 oz
Status (pertaining-to-mass)	7.10% WASTED	8.15% WASTED	26.79% OBESE

## *Physical Loss of Mass*

Associated with long-term disease, in this case cardiac problems since birth, both height and mass percentiles are falling below 3 — 1<sup>st</sup> checkup just after 2<sup>nd</sup> cardiac surgery, physical loss of mass between 2<sup>nd</sup> and 3<sup>rd</sup> checkup, the period when the patient underwent 3<sup>rd</sup> surgery

Already exists in literature

NGDS-BLA-2010-4660/F

**Table 11. Growth-and-Obesity Profiles of G. R.**

Gender: Female • Date of Birth: 2004-11-02

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-04-21	2012-04-11	2013-05-16
Age ( <i>years</i> )	6.47	7.44	8.53
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.5	5.0	7.5
Height ( <i>cm</i> )	107.60	113.48	117.46
Height ( <i>ft-in</i> )	3 ft 6.36 in	3 ft 8.68 in	3 ft 10.24 in
Percentile-for-Height	<3	<3	<3
Estimated-Adult Height ( <i>cm</i> )	<151.50	<151.5	<151.5
Estimated-Adult Height ( <i>ft-in</i> )	<4 ft 11.65 in	<4 ft 11.65 in	<4 ft 11.65 in
Gross Mass ( <i>kg</i> )	13.30	17.65	15.57
Clothing Correction ( <i>kg</i> )	0	0	0
<b>Net Mass (<i>kg</i>)</b>	<b>13.30</b>	<b>17.65</b>	<b>15.57</b>
Net Weight ( <i>lb-oz</i> )	29 lb 5.22 oz	38 lb 14.69 oz	34 lb 5.31 oz
Percentile-for-Net-Mass	<3	<3	<3
Estimated-Adult Mass ( <i>kg</i> )	<45.25	<45.25	<45.25
Estimated-Adult Weight ( <i>lb-oz</i> )	<99 lb 12.42 oz	<99 lb 12.42 oz	<99 lb 12.42 oz
<i>BMI</i> : Body-Mass Index ( <i>kg/m<sup>2</sup></i> )	11.49	13.71	11.29
Estimated-Adult <i>BMI</i> ( <i>kg/m<sup>2</sup></i> )	NC	NC	NC
Optimal Mass ( <i>kg</i> )	<16.47	<18.38	<20.57
Optimal Weight ( <i>lb-oz</i> )	<36 lb 4.90 oz	<40 lb 8.44 oz	<45 lb 5.63 oz
Δ Mass-for-Height ( <i>kg</i> )	NC	NC	NC
Δ Weight-for-Height ( <i>lb-oz</i> )	NC	NC	NC
Status (pertaining-to-mass)	ND	ND	ND

## *Pseudo-Gain of Height*

Physical gain of height accompanied by a drop in percentile

*First mention:* <http://www.ngds-ku.org/Papers/I32.pdf>

**Stunting Induced by Wasting — Wasting Induced by Stunting: A Case Study**  
 Kamal SA, Jamil SS, Razzaq UA, *International Journal of Biology and Biotechnology*,  
**11 (1): 147-153, 2014**

**NGDS-BLA-2010-4951/D**

**Table 12. Growth-and-Obesity Profiles of Z. O.**

Gender: Female • Date of Birth: 2005-12-02

<i>Checkup</i>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-05-14	2012-04-02	2013-05-20
Age (years)	5.42	6.33	7.46
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.50	1.00	6.00
<b>Height (cm)</b>	<b>109.40</b>	<b>115.14</b>	<b>120.67</b>
Height (ft-in)	3 ft 7.07 in	3 ft 9.33 in	3 ft 11.51 in
<b>Percentile-for-Height</b>	<b>46.52</b>	<b>39.79</b>	<b>26.49</b>
Estimated-Adult Height (cm)	162.87	161.66	158.91
Estimated-Adult Height (ft-in)	5 ft 4.12 in	5 ft 3.65 in	5 ft 2.56 in
Gross Mass (kg)	18.20	24.17	29.81
Clothing Correction (kg)	0	0	0
Net Mass (kg)	18.20	24.17	29.81
Net Weight (lb-oz)	40 lb 2.10 oz	53 lb 4.72 oz	65 lb 11.7 oz
Percentile-for-Net-Mass	41.86	78.17	85.92
Estimated-Adult Mass (kg)	54.27	67.96	72.73
Estimated-Adult Weight (lb-oz)	119 lb 10.74 oz	149 lb 13.46 oz	160 lb 6.04 oz
<b>BMI: Body-Mass Index (kg/m<sup>2</sup>)</b>	15.21	18.23	20.47
Estimated-Adult BMI (kg/m <sup>2</sup> )	20.46	26.00	28.80
Optimal Mass (kg)	18.57	20.25	20.26
Optimal Weight (lb-oz)	40 lb 14.99 oz	44 lb 10.48 oz	44 lb 10.82 oz
Δ Mass-for-Height (kg)	-0.37	+3.92	+9.55
Δ Weight-for-Height (lb-oz)	-12.90 oz	+8 lb 10.24 oz	+21 lb 0.87 oz
Status (pertaining-to-mass)	1.97% WASTED	19.35% OBESE	47.13% OBESE

## *Pseudo-Gain of Mass*

Physical gain of mass accompanied by a drop in percentile

*First mention:* <http://www.ngds-ku.org/Papers/J32.pdf>

**Stunting Induced by Wasting — Wasting Induced by Stunting: A Case Study**  
 Kamal SA, Jamil SS, Razzaq UA, *International Journal of Biology and Biotechnology*,  
**11 (1): 147-153, 2014**

**NGDS-BLA-2010-4784/A**

**Table 13. Growth-and-Obesity Profiles of Z. Z.**

Gender: Female • Date of Birth: 2006-02-05

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-05-04	2012-05-03	2013-06-02
Age (years)	5.24	6.24	7.32
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.50	4.00	8.50
Height (cm)	104.40	109.62	116.33
Height (ft-in)	3 ft 5.10 in	3 ft 7.16 in	3 ft 9.80 in
Percentile-for-Height	17.90	9.79	9.74
Estimated-Adult Height (cm)	156.99	154.66	154.63
Estimated-Adult Height (ft-in)	5 ft 1.81 in	5 ft 0.89 in	5 ft 0.88 in
Gross Mass (kg)	15.30	16.33	17.09
Clothing Correction (kg)	0	0	0
<b>Net Mass (kg)</b>	<b>15.30</b>	<b>16.33</b>	<b>17.09</b>
Net Weight (lb-oz)	33 lb 11.78 oz	36 lb 0.02 oz	37 lb 10.94 oz
<b>Percentile-for-Net-Mass</b>	<b>7.52</b>	<b>3.28</b>	<b>&lt;3</b>
Estimated-Adult Mass (kg)	47.38	45.43	<45.25
Estimated-Adult Weight (lb-oz)	104 lb 7.61 oz	100 lb 2.6 oz	<99 lb 12.42 oz
<i>BMI</i> : Body-Mass Index (kg/m <sup>2</sup> )	14.04	13.59	12.63
Estimated-Adult <i>BMI</i> (kg/m <sup>2</sup> )	19.22	18.99	<18.92
Optimal Mass (kg)	16.20	17.57	19.59
Optimal Weight (lb-oz)	35 lb 11.38 oz	38 lb 11.86 oz	43 lb 3.29 oz
Δ Mass-for-Height (kg)	-0.90	-1.24	-2.5
Δ Weight-for-Height (lb-oz)	-1 lb 15.95 oz	-2 lb 11.85 oz	-5 lb 8.36 oz
Status (pertaining-to-mass)	5.53% WASTED	7.07% WASTED	12.78% WASTED

## *Quantitative Recommendations for Gaining Mass — Wasted Child*

First-generation solution of child's wasting problem; for other solution, see page 24

*First mention:* <http://www.ngds-ku.org/Papers/Roadmap.pdf> (September 4, 2013)

### **Growth-and-Obesity Roadmaps of Children (Time Series of Growth-and-Obesity Pattern)**

Kamal SA, Jamil SS, Ansari SA, *the First Conference on Anthromathematics in the Memory of (Late) Syed Firdous (ANTHROMATHEMATICS 2013)*, University of Karachi, Karachi, Pakistan, and Government College, Hyderabad, Pakistan, September 4 & 5, 2013, abstract#Anthro13-02, p 8

**NGDS-BLA-2011-5085/H (SGPP-KHI-20110614-01/01)**

**Table 14. Adult-Mid-Parental (Target) and Army-Cutoff Heights**

Father's Height: 172.01 cm • Mother's Height: 162.94 cm

<i>BOY/GIRL=(FATHER+MOTHER ± 13)/2</i>	<i>Target Boy</i>	<i>Army-Cutoff Boy</i>	<i>Target Girl</i>	<i>Army-Cutoff Girl</i>
Height (cm)	173.98	162.56 cm	160.98	157.48 cm
Height (ft-in)	5 ft 8.49 in	5 ft 4.00 in	5 ft 3.38 in	5 ft 2.00 in
Percentile	35.97	2.56	35.97	19.64

Army-cutoff values are based on selection standards for the Armed Forces of Pakistan.

(continued on the next page)

## Quantitative Recommendations for Gaining Mass — Wasted Child

(continued from the previous page)

NGDS-BLA-2011-5085/H (SGPP-KHI-20110614-01/01)

**Table 15. Growth-and-Obesity Roadmap of Hr. S.**

Gender: Female • Date of Birth: 2005-04-10

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2012-07-15	2013-05-15	2013-11-21
Age (years)	7.26	8.10	8.61
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	9.50	10.25	15.25
Height (cm)	119.36	124.53	126.45
Height (ft-in)	3 ft 10.99 in	4 ft 1.03 in	4 ft 1.70in
Percentile-for-Height	25.07	27.91	22.29
Estimated-Adult Height (cm)	159.01	159.52	158.23
Estimated-Adult Height (ft-in)	5 ft 2.60 in	5 ft 2.80 in	5 ft 2.30in
Current-Age-MP Height (cm)	120.99	125.79	128.72
Δ Height w. r. t. Current-Age-MP (cm)	-1.63	-1.26	-2.27
Δ Height w. r. t. Current-Age-MP (in)	-0.64	-0.50	-0.89
Status (pertaining-to-height)	1.35% STUNTED	1.00% STUNTED	1.76% STUNTED
Current-Age- Army-Cutoff Height (cm)	118.18	122.97	125.83
Δ Height w. r. t. Army-Cutoff (cm)	+1.18	+1.56	+0.62
Δ Height w. r. t. Army-Cutoff (in)	+0.46	+0.61	+0.24
Reference Height (cm)	120.99	125.79	128.72
Percentile-for-Reference-Height	35.97	35.97	35.97
Age of Prediction, A+ (years)	7.77	8.60	9.11
Reference Height, at A+ (cm)	123.99	128.62	131.42
<b>Height — to be gained (cm)</b>	<b>4.63</b>	<b>4.09</b>	<b>4.97</b>
Height — to be gained (in)	1.82	1.61	1.96
Gross Mass (kg)	19.19	21.90	22.53
Clothing Correction (kg)	0	0	0
Net Mass (kg)	19.19	21.90	22.53
Net Weight (lb-oz)	42 lb 5.02 oz	48 lb 4.63 oz	49 lb 10.86 oz
Percentile-for-Net-Mass	8.08	15.31	11.36
Estimated-Adult Mass (kg)	47.58	49.67	48.61
Estimated-Adult Weight (lb-oz)	104 lb 14.56 oz	109 lb 8.23 oz	107 lb 3.01 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	13.47	14.12	14.09
Estimated-Adult BMI (kg/m <sup>2</sup> )	18.82	19.52	19.42
Optimal Mass (kg)	21.03	23.49	23.99
Optimal Weight (lb-oz)	46 lb 6.10 oz	51 lb 12.87 oz	52 lb 14.30 oz
Δ Mass-for-Height (kg)	-1.84	-1.59	-1.46
Δ Weight-for-Height (lb-oz)	-4 lb 1.08 oz	-3 lb 8.24 oz	-3 lb 3.44 oz
Status (pertaining-to-mass)	8.77% WASTED	6.79% WASTED	6.08% WASTED
Optimal Mass for Reference Height, at A+ (kg)	23.40	25.70	27.60
<b>Mass — to be gained (kg)</b>	<b>4.21</b>	<b>3.80</b>	<b>5.07</b>
Mass — to be gained (lb-oz)	9 lb 4.53 oz	8 lb 6.06 oz	11 lb 2.87 oz

## *Quantitative Recommendations for Reducing Mass — Obese Child*

First-generation solution of child's obesity problem; for other solution, see page 24

*First mention:* <http://www.ngds-ku.org/Papers/Roadmap.pdf> (September 4, 2013)

### **Growth-and-Obesity Roadmaps of Children (Time Series of Growth-and-Obesity Pattern)**

Kamal SA, Jamil SS, Ansari SA, *the First Conference on Anthromathematics in the Memory of (Late) Syed Firdous (ANTHROMATHEMATICS 2013)*, University of Karachi, Karachi, Pakistan, and Government College, Hyderabad, Pakistan, September 4 & 5, 2013, abstract#Anthro13-02, p 8

**SGPP-KHI-20060412-01/01**

**Table 16. Adult-Mid-Parental (Target) and Army-Cutoff Heights**

Father's Height: 165.70 cm • Mother's Height: 155.73 cm

<i>BOY/GIRL=(FATHER+MOTHER ± 13)/2</i>	<i>Target Boy</i>	<i>Army-Cutoff Boy</i>	<i>Target Girl</i>	<i>Army-Cutoff Girl</i>
Height (cm)	167.22	162.56 cm	154.22	157.48 cm
Height (ft-in)	5 ft 5.83 in	5 ft 4.00 in	5 ft 0.72 in	5 ft 2.00 in
Percentile	9.43	2.56	8.81	19.64

Army-cutoff values are based on selection standards for the Armed Forces of Pakistan.

(continued on the next page)

## Quantitative Recommendations for Reducing Mass — Obese Child

(continued from the previous page)

SGPP-KHI-20060412-01/01

**Table 17. Growth-and-Obesity Roadmap of Z. J.**

Gender: Female • Date of Birth: 1996-09-23

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2007-05-13	2007-10-07	2008-06-15
Age (years)	10.63	11.04	11.73
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.50	1.00	6.00
Height (cm)	136.41	139.70	146.53
Height (ft-in)	4 ft 5.71 in	4 ft 7.00 in	4 ft 9.69 in
Percentile-for-Height	23.50	27.37	37.45
Estimated-Adult Height (cm)	158.58	159.43	161.24
Estimated-Adult Height (ft-in)	5 ft 2.43 in	5 ft 2.77 in	5 ft 3.48 in
Current-Age-MP Height (cm)	132.18	134.55	138.97
Δ Height w. r. t. Current-Age-MP (cm)	+4.23	+5.15	+7.56
Δ Height w. r. t. Current-Age-MP (in)	+1.66	+2.03	+2.97
Status (pertaining-to-height)	3.20% TALL	3.83% TALL	5.44% TALL
Current-Age- Army-Cutoff Height (cm)	135.38	137.81	142.32
Δ Height w. r. t. Army-Cutoff (cm)	+1.03	+1.89	+4.21
Δ Height w. r. t. Army-Cutoff (in)	+0.41	+0.74	+1.66
Reference Height (cm)	136.41	139.70	146.53
Percentile-for-Reference-Height	23.50	27.37	37.45
Age of Prediction, A+ (years)	11.14	11.54	12.23
Reference Height, at A+ (cm)	139.45	142.79	150.35
<b>Height — to be gained (cm)</b>	<b>3.04</b>	<b>3.09</b>	<b>3.82</b>
Height — to be gained (in)	1.20	1.22	1.50
Gross Mass (kg)	42.50	46.50	49.60
Clothing Correction (kg)	0	0	0
Net Mass (kg)	42.50	46.50	49.60
Net Weight (lb-oz)	93 lb 11.40 oz	102 lb 8.52 oz	109 lb 5.89 oz
Percentile-for-Net-Mass	79.24	83.08	81.21
Estimated-Adult Mass (kg)	68.62	70.99	69.83
Estimated-Adult Weight (lb-oz)	151 lb 4.81 oz	156 lb 8.37 oz	153 lb 15.49 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	22.84	23.83	23.10
Estimated-Adult BMI (kg/m <sup>2</sup> )	27.29	27.93	26.86
Optimal Mass (kg)	30.95	33.31	37.90
Optimal Weight (lb-oz)	68 lb 3.81 oz	73 lb 7.25 oz	83 lb 8.99 oz
Δ Mass-for-Height (kg)	+11.55	+13.19	+11.70
Δ Weight-for-Height (lb-oz)	+25 lb 7.59 oz	+29 lb 1.27 oz	+25 lb 12.90 oz
Status (pertaining-to-mass)	37.33% OBESE	39.59% OBESE	30.88% OBESE
Optimal Mass for Reference Height, at A+ (kg)	32.91	35.11	39.84
<b>Mass — to be lost (kg)</b>	<b>9.59</b>	<b>11.39</b>	<b>9.76</b>
Mass — to be lost (lb-oz)	21 lb 2.34 oz	25 lb 1.84 oz	21 lb 8.33z



## *Classification of Nutritional Statuses*

Under-nutrition, over-nutrition and malnutrition and energy-channelization

*First mention:* <http://www.ngds-ku.org/Papers/J32.pdf>

### **Stunting Induced by Wasting — Wasting Induced by Stunting: A Case Study**

Kamal SA, Jamil SS, Razzaq UA, *International Journal of Biology and Biotechnology*,  
11 (1): 147-153, 2014



Figure is reprinted from the above-mentioned reference

## Under-Nutrition: Coexistence of Wasting and Stunting

The example below lists growth-and-obesity data of a child, whose height percentile is falling below 25 (NCHS 50<sup>th</sup> percentile is mapped to Pakistani 100<sup>th</sup> percentile) and  $P(\mu) < P(h)$

Already exists in literature

NGDS-BLA-2010-4663/A

**Table 18. Growth-and-Obesity Profiles of Y. L.**

Gender: Female • Date of Birth: 2005-01-14

Checkup	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-05-04	2012-03-19	2013-06-02
Age (years)	6.30	7.18	8.38
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	1.50	3.50	9.25
Height (cm)	111.20	115.44	124.56
Height (ft-in)	3 ft 7.78 in	3 ft 9.45 in	4 ft 1.04 in
<b>Percentile-for-Height</b>	<b>15.84</b>	<b>9.63</b>	<b>19.57</b>
Estimated-Adult Height (cm)	156.40	154.58	157.46
Estimated-Adult Height (ft-in)	5 ft 1.58 in	5 ft 0.86 in	5 ft 1.99 in
Gross Mass (kg)	16.30	16.99	18.59
Clothing Correction (kg)	0	0	0
Net Mass (kg)	16.30	16.99	18.59
Net Weight (lb-oz)	35 lb 15.06 oz	37 lb 7.30 oz	40 lb 15.86 oz
<b>Percentile-for-Net-Mass</b>	<b>&lt;3</b>	<b>&lt;3</b>	<b>&lt;3</b>
Estimated-Adult Mass (kg)	<45.25	<45.25	<45.25
Estimated-Adult Weight (lb-oz)	<99 lb 12.42 oz	<99 lb 12.42 oz	<99 lb 12.42 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	13.18	12.75	11.98
Estimated-Adult BMI (kg/m <sup>2</sup> )	<18.50	<18.94	<18.25
Optimal Mass (kg)	18.28	19.29	23.04
Optimal Weight (lb-oz)	40 lb 4.87 oz	42 lb 8.64 oz	50 lb 12.75 oz
Δ Mass-for-Height (kg)	-1.98	-2.31	-4.45
Δ Weight-for-Height (lb-oz)	-4 lb 5.81 oz	-5 lb 1.34 oz	-9 lb 12.89 oz
Status (pertaining-to-mass)	10.82% WASTED	11.95% WASTED	19.3% WASTED

## Over-Nutrition: Coexistence of Obesity and Tallness

The example below lists growth-and-obesity data of a child, whose height and mass percentiles both are shooting up above 97

Already exists in literature

NGDS-BLA-2011-5822/G

**Table 19. Growth-and-Obesity Profiles of L. Z.**

Gender: Male • Date of Birth: 2005-11-02

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>
Date of Checkup	2012-05-02	2013- 11- 26
Age ( <i>years</i> )	6.50	8.07
Dress Code	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	6.00	7.25
Height ( <i>cm</i> )	120.03	129.02
Height ( <i>ft-in</i> )	3 ft 11.26 in	4 ft 2.80 in
<b>Percentile-for-Height</b>	<b>59.48</b>	<b>54.84</b>
Estimated-Adult Height ( <i>cm</i> )	178.59	177.78
Estimated-Adult Height ( <i>ft-in</i> )	5 ft 10.31 in	5 ft 9.99 in
Gross Mass ( <i>kg</i> )	23.87	31.68
Clothing Correction ( <i>kg</i> )	0	0
Net Mass ( <i>kg</i> )	23.87	31.68
Net Weight ( <i>lb-oz</i> )	52 lb 10.13 oz	69 lb 13.67 oz
<b>Percentile-for-Net-Mass</b>	<b>72.92</b>	<b>86.18</b>
Estimated-Adult Mass ( <i>kg</i> )	78.29	86.36
Estimated-Adult Weight ( <i>lb-oz</i> )	172 lb 10.12 oz	190 lb 6.67 oz
<i>BMI</i> : Body-Mass Index ( <i>kg/m<sup>2</sup></i> )	16.57	19.03
Estimated-Adult <i>BMI</i> ( <i>kg/m<sup>2</sup></i> )	24.55	27.32
Optimal Mass ( <i>kg</i> )	23.06	26.43
Optimal Weight ( <i>lb-oz</i> )	50 lb 13.62 oz	58 lb 4.32 oz
Δ Mass-for-Height ( <i>kg</i> )	+0.81	+5.25
Δ Weight-for-Height ( <i>lb-oz</i> )	+1 lb 12.52 oz	+11 lb 9.35 oz
Status (pertaining-to-mass)	3.51% OBESE	19.88% OBESE

## *Acute Malnutrition: Severe Wasting and Stunting*

Both height and mass percentiles are falling below 3 — may be caused due to mal-absorption of diet or due to long-term disease (see also page 7)

Already exists in literature

NGDS-BLA-2011-5748/E

**Table 20. Growth-and-Obesity Profiles of Z. L.**

Gender: Male • Date of Birth: 2005-04-08

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>
Date of Checkup	2012-04-26	2013- 11- 28
Age ( <i>years</i> )	7.05	8.64
Dress Code	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	6.0	7.0
Height ( <i>cm</i> )	110.15	117.05
Height ( <i>ft-in</i> )	3 ft 7.37 in	3 ft 10.08 in
<b>Percentile-for-Height</b>	<b>&lt;3</b>	<b>&lt;3</b>
Estimated-Adult Height ( <i>cm</i> )	<163.00	<163.00
Estimated-Adult Height ( <i>ft-in</i> )	<5 ft 4.17 in	<5 ft 4.17 in
Gross Mass ( <i>kg</i> )	16.77	19.09
Clothing Correction ( <i>kg</i> )	0	0
Net Mass ( <i>kg</i> )	16.77	19.09
Net Weight ( <i>lb-oz</i> )	36 lb 15.65 oz	42 lb 1.5 oz
<b>Percentile-for-Net-Mass</b>	<b>&lt;3</b>	<b>&lt;3</b>
Estimated-Adult Mass ( <i>kg</i> )	<54.50	<54.50
Estimated-Adult Weight ( <i>lb-oz</i> )	<120 lb 2.76 oz	<120 lb 2.76 oz
<i>BMI</i> : Body-Mass Index ( <i>kg/m<sup>2</sup></i> )	13.82	13.93
Estimated-Adult <i>BMI</i> ( <i>kg/m<sup>2</sup></i> )	NC	NC
Optimal Mass ( <i>kg</i> )	<18.10	<21.28
Optimal Weight ( <i>lb-oz</i> )	<39 lb 14.51 oz	<46 lb 14.77 oz
Δ Mass-for-Height ( <i>kg</i> )	NC	NC
Δ Weight-for-Height ( <i>lb-oz</i> )	NC	NC
Status (pertaining-to-mass)	ND	ND

## *Energy-Channelization I: Coexistence of Wasting and Tallness*

Tallness with wasting, might be the result of micronutrients, predominantly, involved in tissue synthesis, all of them flow through a single absorption-channel

*First mention: <http://www.ngds-ku.org/Papers/J32.pdf>*

**Stunting Induced by Wasting — Wasting Induced by Stunting: A Case Study**  
Kamal SA, Jamil SS, Razzaq UA, *International Journal of Biology and Biotechnology*, **11 (1): 147-153, 2014**

**NGDS-BLA-2010-4795/F**

**Table 21. Growth-and-Obesity Profiles of H. A.**

Gender: Female • Date of Birth: 2006-04-05

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-04-21	2012-04-11	2013-05-17
Age (years)	5.04	6.02	7.12
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	3.5	7.0	11.5
Height (cm)	111.50	117.55	124.56
Height (ft-in)	3 ft 7.90 in	3 ft 10.28 in	4 ft 1.04 in
<b>Percentile-for-Height</b>	<b>78.52</b>	<b>70.89</b>	<b>66.39</b>
Estimated-Adult Height (cm)	168.67	166.84	166.12
Estimated-Adult Height (ft-in)	5 ft 6.41 in	5 ft 5.69 in	5 ft 5.40 in
Gross Mass (kg)	15.30	18.76	22.09
Clothing Correction (kg)	0	0	0
Net Mass (kg)	15.30	18.76	22.09
Net Weight (lb-oz)	33 lb 11.78 oz	41 lb 5.85 oz	48 lb 11.34 oz
<b>Percentile-for-Net-Mass</b>	<b>9.76</b>	<b>28.67</b>	<b>42.14</b>
Estimated-Adult Mass (kg)	48.16	52.69	54.31
Estimated-Adult Weight (lb-oz)	106 lb 3.25 oz	116 lb 2.94 oz	119 lb 11.95 oz
<i>BMI: Body-Mass Index (kg/m<sup>2</sup>)</i>	12.31	13.58	14.24
Estimated-Adult <i>BMI (kg/m<sup>2</sup>)</i>	16.93	18.93	19.68
Optimal Mass (kg)	20.39	22.14	24.85
Optimal Weight (lb-oz)	44 lb 15.44 oz	48 lb 13.24 oz	54 lb 12.68 oz
Δ Mass-for-Height (kg)	-5.09	-3.38	-2.76
Δ Weight-for-Height (lb-oz)	-11 lb 3.66 oz	-7 lb 7.38 oz	-6 lb 1.35 oz
Status (pertaining-to-mass)	24.97% WASTED	15.28% WASTED	11.10% WASTED

## *Energy-Channelization II: Coexistence of Obesity and Stunting*

Stunting with obesity may be caused by storage of most micronutrients, all of them flowing through one channel of absorption

*First mention:* <http://www.ngds-ku.org/Papers/J32.pdf>

**Stunting Induced by Wasting — Wasting Induced by Stunting: A Case Study**  
Kamal SA, Jamil SS, Razzaq UA, *International Journal of Biology and Biotechnology*, **11 (1):** 147-153, 2014

**NGDS-BLA-2010-5280/F**

**Table 22. Growth-and-Obesity Profiles of R. Z.**

Gender: Female • Date of Birth: 2005-08-17

<i>Checkup</i>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Date of Checkup	2011-04-21	2012-04-16	2013-05-17
Age (years)	5.68	6.66	7.75
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	0.5	5.0	8.5
Height (cm)	107.40	112.83	118.24
Height (ft-in)	3 ft 6.28 in	3 ft 8.42 in	3 ft 10.55 in
<b>Percentile-for-Height</b>	<b>19.98</b>	<b>11.70</b>	<b>8.13</b>
Estimated-Adult Height (cm)	157.58	155.23	153.91
Estimated-Adult Height (ft-in)	5 ft 2.04 in	5 ft 1.11 in	5 ft 0.59 in
Gross Mass (kg)	17.80	19.40	22.20
Clothing Correction (kg)	0	0	0
Net Mass (kg)	17.80	19.40	22.20
Net Weight (lb-oz)	39 lb 3.98 oz	42 lb 12.43 oz	48 lb 15.22 oz
<b>Percentile-for-Net-Mass</b>	<b>28.70</b>	<b>20.16</b>	<b>29.68</b>
Estimated-Adult Mass (kg)	52.69	50.96	52.81
Estimated-Adult Weight (lb-oz)	116 lb 3.05 oz	42 lb 12.43 oz	116 lb 7.2 oz
<i>BMI</i> : Body-Mass Index (kg/m <sup>2</sup> )	15.43	15.24	15.88
Estimated-Adult <i>BMI</i> (kg/m <sup>2</sup> )	21.22	21.15	22.29
Optimal Mass (kg)	17.19	18.65	20.12
Optimal Weight (lb-oz)	37 lb 14.47 oz	41 lb 1.92 oz	44 lb 5.91 oz
Δ Mass-for-Height (kg)	+0.61	+0.75	+2.08
Δ Weight-for-Height (lb-oz)	+1 lb 5.51 oz	+1 lb 10.51 oz	+4 lb 9.31 oz
Status (pertaining-to-mass)	3.55% OBESE	4.03% OBESE	10.33% OBESE

## *Energy-Channelization III: Puberty-Induced Energy-Channelization*

The example below lists growth-and-obesity data of a child, who was entering puberty and exhibited the phenomenon of energy channelization, associated with drops in both height and mass percentiles at the time of the second checkup (April 16, 2012) and then a pickup, when she presented herself for the third checkup (May 17, 2013)

*First mention:* [http://www.ngds-ku.org/Presentation/Sport\\_Mathematics.pdf](http://www.ngds-ku.org/Presentation/Sport_Mathematics.pdf) (May 17, 2014)

### Sports and Anthromathematics — This Seminar

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**Table 23. Growth-and-Obesity Profiles of G. M. T.**

Gender: Female • Date of Birth: 2005-09-15

<i>Checkup</i>	<i>1<sup>st</sup></i>	<i>2<sup>nd</sup></i>	<i>3<sup>rd</sup></i>
Date of Checkup	2011-04-21	2012-04-16	2013-05-17
Age (years)	5.60	6.59	7.67
Dress Code	0/0.5	0/0.5	0/0.5
Cumulative-Scoliosis-Risk Weightage	2.00	4.50	8.00
Height (cm)	120.40	126.34	132.33
Height (ft-in)	3 ft 11.40 in	4 ft 1.74 in	4 ft 4.1 in
<b>Percentile-for-Height</b>	<b>95.58</b>	<b>93.24</b>	<b>97.08</b>
Estimated-Adult Height (cm)	174.36	173.47	171.53
Estimated-Adult Height (ft-in)	5 ft 8.65 in	5 ft 8.30 in	5 ft 7.53 in
Gross Mass (kg)	28.80	22.92	36.99
Clothing Correction (kg)	0	0	0
Net Mass (kg)	28.80	22.92	36.99
Net Weight (lb-oz)	63 lb 8.06 oz	50 lb 8.62 oz	81 lb 9.01 oz
<b>Percentile-for-Net-Mass</b>	<b>&gt;97</b>	<b>61.88</b>	<b>&gt;97</b>
Estimated-Adult Mass (kg)	> 88.75	60.36	> 88.75
Estimated-Adult Weight (lb-oz)	> 195 lb 11.10 oz	133 lb 1.5 oz	> 195 lb 11.1 oz
BMI: Body-Mass Index (kg/m <sup>2</sup> )	19.87	14.35	21.12
Estimated-Adult BMI (kg/m <sup>2</sup> )	> 29.19	20.06	>31.16
Optimal Mass (kg)	26.15	28.68	30.93
Optimal Weight (lb-oz)	57 lb 10.40 oz	63 lb 3.93 oz	68 lb 3.14 oz
Δ Mass-for-Height (kg)	+2.65	-5.78	+6.06
Δ Weight-for-Height (lb-oz)	+5 lb 13.66 oz	-12 lb 12.01 oz	+13 lb 5.89 oz
Status (pertaining-to-mass)	10.15% OBESE	20.16% WASTED	19.60% OBESE

*The Second-Generation Solution of  
Childhood-Obesity Problem*

to be launched on **Thursday, September 4, 2014** during

**The Second Conference on  
Athromathematics and Sport Mathematics**

<http://www.ngds-ku.org/Anthromathematics/2014/Athromathematics2014.pdf>

**GROWTH-AND-OBESITY ENHANCED-ROADMAPS OF CHILDREN**

*Theoretical Background:* <http://www.ngds-ku.org/Presentations/Enhanced.pdf>

*Examples:* [http://www.ngds-ku.org/Presentations/Enhanced/Additional\\_File.pdf](http://www.ngds-ku.org/Presentations/Enhanced/Additional_File.pdf) (pp. 2-5)

*The First-Generation Solution of Childhood-Obesity Problem*

proposed on **Wednesday, September 4, 2013** during

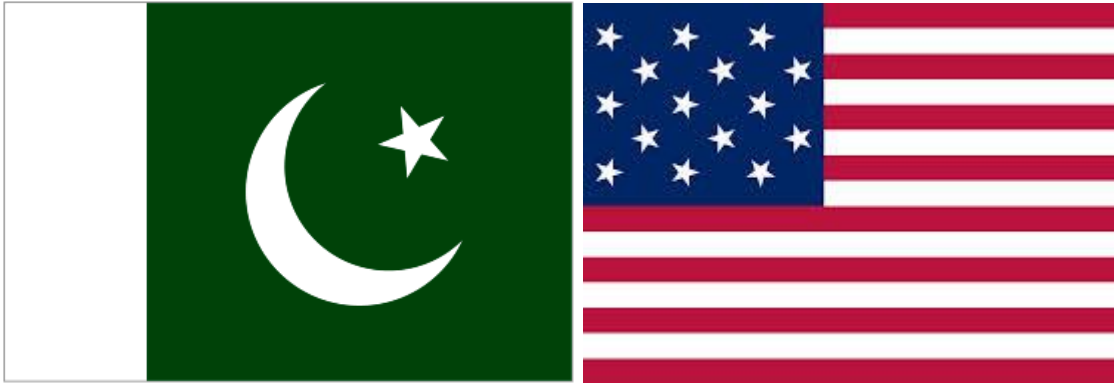
**The First Conference on Anthromathematics**

<http://www.ngds-ku.org/Anthromathematics/2013/Athromathematics2013.pdf>

**GROWTH-AND-OBESITY ROADMAPS OF CHILDREN**

*Theoretical Background:* <http://www.ngds-ku.org/Presentations/Roadmap.pdf>

*Examples:* This document (pp. 13-16) inspired by declaration of obesity as a national epidemic for the American children by the First Lady of US, **Her Excellency Michelle Obama**



*Web address of the main document:*

**Seminar Notes**

**SPORTS AND ANTHROMATHEMATICS**

[http://www.ngds-ku.org/Presentations/Sport\\_Mathematics.pdf](http://www.ngds-ku.org/Presentations/Sport_Mathematics.pdf)

*Web address of this document:*

**Additional File**

**BASIC AND INNOVATIVE CONCEPTS IN ANTHROMATHEMATICS AND SPORT MATHEMATICS**

[http://www.ngds-ku.org/Presentations/Sport\\_Mathematics/Additional\\_File.pdf](http://www.ngds-ku.org/Presentations/Sport_Mathematics/Additional_File.pdf)